## Supervisor Evaluation of Counseling Session

**Name of Learner:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Your Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

| **Skills** | **Used?**  **√ yes** | **Was this Helpful + to the session in general or therapeutic alliance or not -** | **Comments or things that could be done differently. Be as specific as possible.** |
| --- | --- | --- | --- |
| Showed empathy and positive regard |  |  |  |
| Non-verbally demonstrated interest and attention to student |  |  |  |
| Paraphrased content |  |  |  |
| Reflected feelings |  |  |  |
| Summarized |  |  |  |
| Clarified |  |  |  |
| Observed student non-verbals |  |  |  |
| Attended to diversity and social-cultural factors |  |  |  |
| Used student’s language |  |  |  |
| Addressed issue of concern |  |  |  |
| Used silence |  |  |  |
| Stayed in the "here and now"; Used immediacy |  |  |  |
| ~~A~~voided closed questions including “Why” |  |  |  |
| Identified students irrational or faulty beliefs |  |  |  |
| Provided encouragement and support |  |  |  |
| Operated from a strengths perspective |  |  |  |
| Avoided giving advice |  |  |  |
| Focused on student’s decision making |  |  |  |
| Summarized session |  |  |  |
| Write in Other |  |  |  |

## Supervisor Reflection

**Strengths intern demonstrated:**

**Target Feedback:** What Specific feedback do you have for the intern on his or her specified feedback target?

**Trying New Behaviors:** Did you notice the intern trying to experiment with new responses or utilize new skills? How so and how did it go?

**Distractibility:** Did you notice the intern appearing distracted at any time and if so how could he or she work on it?

**Countertransferrance:** Did you notice the intern reacting to the student in a way that may be caused by his or her own life experiences and bias? What suggestions can you offer?

**Cultural Competency:** What if any cultural issues are there at work in the counseling session? How were they addressed or what suggestions can you offer your intern to bring them to light appropriately?

**Areas for growth:**

**Goals:** Feedback for the intern on his or her goals or redo’s and self-analysis:

I have reviewed or sat in on a counseling session and shared this feedback with my intern during supervision.

**Site Supervisor Signature and Date** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_